

Pisaq Clouds, Peru - Carla Woody

## The Remembering Process: How to Come Home to your Self

A Free Talk By

## **Carla Woody**

Author of "Standing Stark" and "Calling Our Spirits Home"

## Saturday, March 8, 11:30 AM-1 PM In Anthem

At some time in their lives, people often "wake up" and wonder where *they* went, as though they were living someone else's life and not their own. Have you ever wondered how to be in alignment with your core values? Track your evolution through a process where you can learn tools to further your personal evolution while discovering guideposts that mark your progression.

The material is drawn from Carla's books, as well as her retreat work and *Navigating Your Lifepath* program. It also includes her learning through nearly 15 years of involvement with Peruvian mystic Don Américo Yábar, other indigenous healers and world spiritual traditions.

The gift we have been given is the one called possibility, whose intent offers to tie all together, creating strands of a whole life rather than a disintegrated one. The gift we have been granted is what throws light into dark places. The gift held out to us has always been present. But accepting the gift has a price — courage. It is an undying courage that allows any of us to whip the dream horse and startle awakening.

— from Standing Stark: The Willingness to Engage

**Location:** Gutowski Cabinet Works, 4125 W. Fortune Dr. in the Anthem Commerce Park. Call 623-465-5802 for more info.

**Sponsored for the community by:** Donna and Tony Gutowski.

**Carla Woody** is the founder of Kenosis, an organization based in Prescott, Arizona, supporting human potential through coaching programs, workshops and spiritual travel opportunities. She leads retreats internationally featuring indigenous wisdom and whole health, particularly focusing on ways to transition to a richer, directed life, providing the "how to" that is missing in most programs. Carla regularly sponsors spiritual travel programs to Peru, Mexico and France. For more information, visit <a href="https://www.kenosis.net">www.kenosis.net</a>.

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