

BECCA BEGNAUD PRESENTS

A Special Healing Arts Gathering

Featuring

Carla Woody

Spiritual Author and Conscious Living Teacher

Timeless Pathways for Today's Spirit Keeper

Free talk with discussion, November 15, 6-8 PM, held at Joie de Vivre Coffee & Culture Café, 107 N. Main Street, Breaux Bridge, LA.

There is an ancient pathway that exists for all Spirit Keepers. Common threads running through Indigenous wisdom ways add depth and a state of timelessness that catapult you beyond the self. Come learn about the nature of readiness, identify your personal threshold—and what can compel you from one side to the other.

Asking the Answer

Does it seem like you're living someone else's life? Ever feel just plain stuck? Wonder how to live through your deeply held values...every day...and thrive?

Experiential workshop, November 16, 10 AM-4:30 PM, held at Begnaud Camp off Highway 93, Sunset, LA.

We all hold questions inside that are attractors for what comes into our everyday reality. The questions we release are mostly at the unconscious level. In this workshop, participants will:

- ✧ Learn the dynamics of these internal mantras;
- ✧ Bring to consciousness what was unconscious;
- ✧ Create mindful meta-questions to use for practice and transformation;
- ✧ Incorporate indigenous rituals to clear and infuse your energy body;
- ✧ Direct the next leg of your spiritual journey.

This workshop is drawn from Carla's many years' direct experience with the Quechua and Q'ero people of Peru, the Maya people of Mexico and Guatemala, the Hopi people of northern Arizona, and other Native traditions, merged with elements of Neuro-Linguistic Programming (NLP) and world mythologies. This program is for you if you wish to create alignment and live through your deeply held values.

Early registration \$120 until October 15. After October 15: \$135. Register online via the Kenosis website: <http://tinyurl.com/ca65r9a>. Limited space at the door. Visit www.kenosis.net, email info@kenosis.net or call 928-778-1058.



Carla Woody has been mentoring people for 20+ years, helping them make the leap to a life lived through spiritual values. In 1999 she established Kenosis to support human potential through spiritual travel journeys and programs merging NLP and sacred traditions. She founded Kenosis Spirit Keepers, a 501(c)3 nonprofit, in 2007 to help preserve Indigenous wisdom traditions threatened with decimation. Carla is the author of *Portals to the Vision Serpent*, *Standing Stark* and *Calling Our Spirits Home*. She lives near Prescott, Arizona.

Limited private sessions on November 17-18. Call/email Kenosis to arrange ahead.